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## EDUCATION

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*Texas A&M University-Corpus Christi, Corpus Christi, Texas*

**Ph.D. in Counselor Education and Supervision**

Dissertation: "A comparison of online and traditional graduate counseling courses: learning styles, instructional preferences, and educational climate"

[2007-2010]

*University of Texas at San Antonio, San Antonio, Texas*

**M.A. in Community Counseling**

[2006-2007]

*University of Notre Dame, Notre Dame, IN*

**B.A. Pre-medicine and Psychology**

[1998-2003]

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## ACADEMIC AWARDS

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- American Counseling Association (ACA) Dr. Judy Lewis Counselors for Social Justice Advocacy Award [2017]
- Association for Humanistic Counseling (AHC) Humanistic Leadership Award [2017]
- Association for Humanistic Counseling (AHC) Past President's Award [2016]
- Association for Assessment and Research in Counseling (AARC) CORE Outstanding Research Award [2015]
- American Counseling Association (ACA) Counselor Educatory Advocacy Award [2015]
- American Counseling Association (ACA) Kitty Cole Human Rights Award [2014]
- Association of Humanistic Counseling (AHC) Humanistic Clinician Award [2013]
- American Counseling Association (ACA) Gilbert and Kathleen Wrenn Award for a Humanitarian and Caring Person [2012]
- International Association of Marriage and Family Counselors (IAMFC) Distinguished Mentor Award Presented at ACA Conference in San Francisco [2012]
- Association for Humanistic Counseling (AHC) Humanistic Advocacy and Social Justice Award Presented at ACA Conference in San Francisco [2012]
- International Association of Marriage and Family Counselors (IAMFC), Distinguished Service Recipient [2011]
- Association of Counselor Education and Supervision (ACES), Outstanding Graduate Student Leadership Recipient [2009]
- Journal of Counseling Research & Practice*, Graduate Student Manuscript Recipient [2009]
- American College Counseling Association (ACCA), Graduate Student Meritorious Recipient [2008-2009]
- Chi Sigma Iota*, Excellence in Counseling Research Grant Recipient [2008-2009]
- Texas Counseling Association (TCA), Molly Gerold Human Rights Award [2012-2013]
- Texas Counseling Association (TCA), Outstanding Graduate Student Recipient [2009-2010]
- Gulf Coast Counseling Association, Professional Development Recipient [2010]

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## TEACHING EXPERIENCE

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*Lamar University, Beaumont, Texas*

### **Distance Clinical Professor**

**[2014-present]**

[Responsibilities were to teach master CMHC CACREP core courses, mentor and advise students, provide triadic and group supervision, integrate web-based technology across courses, and co-chair the admissions committee. Other responsibilities include: review curriculum revisions and instructional strategies to improve student online learning, oversee course sections and instructors and serve as course lead, serve as a consultant to new adjunct instructors, and serving as a course subject matter in designing courses. ]

*Walden University, Minneapolis, Minnesota*

**[2012-2014]**

### **Core Faculty-Doctoral Program**

[Responsibilities were to teach doctoral course in Counselor Education and Supervision, chair and serve on dissertation committees, mentor and advise students, provide group/triadic supervision, serve on admission committee, participate in field-based clinical training during residencies, and participate in online program development. Acts as a content area expert, providing the college with support and feedback in the development, review, and revision of curriculum. Other duties included CACREP mapping, aligning syllabi, and helping the department seek CACREP accreditation by serving as the residency faculty administrator during the CACREP site visit.]

*Walden University, Minneapolis, Minnesota*

**[2010-2012]**

### **Contributing Faculty-Master's program**

[Responsibilities were to teach graduate courses in counseling (clinical mental health), advise students, and participate in program development].

*Texas A&M University-Corpus Christi, Corpus Christi, Texas*

**[2010-2012]**

### **Adjunct Faculty**

[Responsibilities were to teach graduate courses in counseling (clinical mental health and marriage and family tracks), supervise practicum and internship classes, teach advanced research and statistical classes (Ph.D. in CES track), advise students, and create the first online courses for the department.]

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## SIGNIFICANT PROFESSIONAL PUBLICATIONS

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### **Textbooks**

- **Flamez, B.**, Lenz, S.A., Balkin, R., & Smith, R.L. (2017). *A Counselor's Guide to the Dissertation Process: Where to Start and How to Finish*. Alexandria, VA. American Counseling Association.
- **Flamez, B.** & Sheperis, C.J. (2015). *A Counselor's Guide to Diagnosing and Treating Children and Adolescent DSM-5 Disorders*. Hoboken, NJ: Jon Wiley and Sons Publishing.
- Lenz, S.A. & **Flamez, B.** (under contract). *Practical Approaches to Clinical Supervision across Settings: Theory, Practice, and Research*. Upper Saddle River, NJ: Pearson Education Inc.
- Watson, J.C. & **Flamez, B.** (2014). *Counseling Assessment and Evaluation: Fundamentals of Applied Practice*. Thousand Oaks, CA: SAGE Publications.

### **Professional Book Chapters**

#### **2016**

- **Flamez, B.**, Ordway, A., Cavazos-Vela, J., & Froeschle, J. (2016). Generativity, Death, Dying, and Bereavement. In D. Capuzzi & M. Stauffer, *Human Development across the Life Span: Application for Counselors*. (pp.575-608). Hoboken, NJ: John Wiley and Sons Publishing.
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- Froeschle, J. & **Flamez, B.** (2016). Early Adulthood: Physical and Cognitive Development. In D. Capuzzi & M. Stauffer, *Human Development across the Life Span: Application for Counselors*. (pp.389-414). Hoboken, NJ: John Wiley and Sons Publishing.

#### 2015

- **Flamez, B.**, Froeschle, J., Clark, A. (2015). Using research and effectively evaluating couples and family therapy. In D. Capuzzi & M. Stauffer, *Fundamentals of Couples, Marriage, and Family Counseling*. (pp.71-96). Hoboken, NJ: John Wiley and Sons Publishing.
- **Flamez, B.**, King, J.H., & Francis, J.D. (2015). Conceptualizing *DSM-5* Disorders in Children and Adolescents. In B. Flamez & C. Sheperis, *Diagnosing Children and Adolescents: A Guide for Mental Health Professionals*. (pp.3-27). Hoboken, NJ: John Wiley and Sons Publishing.
- Froeschle, J. & **Flamez, B.** (2015). Sexuality and gender in couples counseling. In D. Capuzzi & M. Stauffer, *Fundamentals of Couples, Marriage, and Family Counseling*. (pp.317-341). Hoboken, NJ: John Wiley and Sons Publishing.

#### 2014

- **Flamez, B.** & Watson, J.C. (2014). Solution-focused brief therapy. In R. Parsons & N. Zhang, *Counseling Theory-Guiding Reflective Process* (pp.311-344). Thousand Oaks, CA: SAGE Publications.

#### 2012

- **Flamez, B.**, Cavazos, J., Sangganjanavanich, V., & Watson, J.C. (2012) Developing Scholarship Through Mentoring and Self-Reflection: A Transformative Process for Doctoral Students. In C. Boden and S. Kippers, *Pathways to Transformation: Learning in Relationship* (pp. 111-129). Information Age Publishing Inc.
- Holt, M.L., Devlin, J.M., **Flamez, B.**, & D., Eckstein (2012). Using the Holt Relationship Intimacy Questionnaire (HRIQ): What intimacy means to you and your partner. In D. Eckstein *The Couples Match book: Activities for lighting, rekindling, or extinguishing the Flame*. Bloomington, IN: Trafford

#### 2010

- Holt, M.L., Devlin, J.M., **Flamez, B.**, & Eckstein, D. (2010). The Holt relationship questionnaire. In D. Eckstein (Ed.), *Relationship repair: Activities for counselors working with couples*. El Cajon, CA: National Social Science Press.

#### Refereed Journals and Proceedings

##### 2017

- Carlisle, R., Snow, K., **Flamez, B.**, Wheeler, M., Carlisle, K., & Shokouhi A. (2017). Wait a sec, Skype isn't HIPAA compliant? An examination of HIPAA compliance for software programs used to conduct distance counseling and supervision. Manuscript in preparation for the *Journal of Counseling and Development*.
- Flamez, B., Mark, C., Ordway, A., Francis, J., & Moore, M. (2017). Counselor competency in divorce and disputes in military families. *Journal of Military and Government Counseling*, 5, 38-60. Retrieved from <http://acegonline.org/wp-content/uploads/2013/02/JMGC-Vol-5-Is-1.pdf>
- Moore, M.A., **Flamez, B.**, & Szirony, G. (2017). The Effects of Motivational Interviewing in Intensive Outpatient Programs. Article accepted to the *Journal of Substance Use*.

##### 2016

- Cavazos Vela, J., **Flamez, B.**, Sparrow, G. S., & Lerma, E. (2016). Understanding school counselors' support as predictors of Mexican American adolescents' college-going self-efficacy. *Journal of School Counseling*, 14(7).

##### 2015

- Cavazos Vela, J., **Flamez, B.**, & Clark, A. (2015). The role of high school counselors' support on Latina/o students' vocational self-efficacy and outcome expectations. *Journal of School Counseling*. Retrieved from <http://www.jsc.montana.edu/articles/v13n11.pdf>
  - Smith, R.L., **Flamez, B.**, Cavazos-Vela, J., Fernandez, M.A., Shomaker, S.A., & Armstrong, S.N. (2015). An exploratory investigation of levels of learning and learning efficiency between online and face-to-face instruction. *Counseling Outcome Research and Evaluation*. doi: 10.1177/2150137815572148
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**2014**

- Balkin, R.S., \*Smith, W.D., & **Flamez, B.** (2014). Exploring the relationship between ethnic identity and substance abuse/dependence among Latino youth. *Journal of Counseling Research and Practice*.
- \*Clark, A., **Flamez, B.**, & Cavazos-Vela, J. (2014). *Multiple Sclerosis: Moving beyond physical and neurological implications into family counseling*. VISTAS.
- **Flamez, B.**, \*Clark, A., & Sheperis, C. (2014). Celiac Disease: Psychological, developmental, and family counseling issues. *The Family Journal: Counseling and Therapy for Couples and Families*, 22 (2), 226-230. doi: 10.1177/1066480713515407

**2012**

- Cavazos, J., Holt, M.L., & **Flamez, B.** (2012). The use of narrative therapy with Latina/o students pursuing higher education: Implications for counselors and counselor educators. *Arizona Journal of Counseling and Development*, 27,4-15.

**2011**

- Garret, J.W., Balkin, R., Devlin, J.M., Erford, B., **Flamez, B.**, Mendoza, S., Smith, R.L., & Wall, J. (2011). *Marriage, Couple and Family Assessment Competencies*. Association for Assessment in Counseling and Education. Retrieved from <http://www.theaaceonline.com/AACE-IAMFC.pdf>
- Oliver, M., **Flamez, B.**, & McNichols, C.(2011). Postmodern applications within Latino/a cultures. *Journal of Professional Counseling: Practice, Theory, & Research*,38(3), 33-48.

**2010**

- **Flamez, B.** (2010) *A comparison of online and traditional graduate counseling courses: learning styles, instructional preferences, and educational climate*. Retrieved from ProQuest Dissertations and Theses (UMI no. 342444)

**2009**

- **Flamez, B.**, McNichols, C.D., Oliver, M. (2009). Narrative therapy: Perceptions from Mexico City. *Journal of Counseling Research and Practice*, 1, 74-81.
- Holt, M.L., Devlin, J.M., **Flamez, B.**, & D., Eckstein (2009). Using the Holt Relationship Intimacy Questionnaire (HRIQ): What intimacy means to you and your partner. *The Family Journal: Counseling and Therapy for Couples and Families*, 17(2),146-150.

**2008**

- Devlin, J.M., **Flamez, B.**, & Garza, K. (2008). Bridging the gap between counseling and research. Proceedings of the Fifth Annual CS3 Symposium: Action Research in Education and Leadership. University Of San Diego, San Diego, CA.
  - **Flamez, B.**, Smith, R.L., Devlin, J.M., Ricard, R., & Luther, M.S. (2008). Learning styles and instructional preferences: A comparison of an online and traditional counseling course [Electronic version]. *Journal of Technology in Counseling*, 5(1).
  - Oliver, M., **Flamez, B.**, McNichols, C.D, & Smith, R.L. (2008). Postmodern theories: A liberating Perspective. Proceedings of the Fourth Congreso Interamericano de Counseling. Managua, Nicaragua.
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