



# LAMAR UNIVERSITY

## SYLLABUS

Lamar University, a Member of The Texas State University System, is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award Associate, Baccalaureate, Masters, and Doctorate degrees (for more information go to <http://www.lamar.edu>).

<b>Course Title:</b>	<b>General Psychology</b>
<b>Course Number:</b>	<b>PSYC 2301</b>
<b>Course Section:</b>	<b>8 B</b>
<b>Department:</b>	<b>Psychology</b>
<b>Professor:</b>	<b>Jodi A. Katz, PsyD</b>
<b>Office Hours:</b>	<b>Announced every Monday</b>
<b>Contact Information:</b>	<b>LU email: <a href="mailto:jkatz@lamar.edu">jkatz@lamar.edu</a></b>

## PERSONAL INTRODUCTION

Welcome to Lamar University. My name is Dr. Jodi Katz and I will be your instructor of record for General Psychology. By way of a very brief introduction, I earned my bachelor's degree in Human Development and Family Studies from Cornell University and my doctorate in Clinical Psychology from Nova Southeastern University. I completed my pre-doctoral internship in neuropsychology at Yale University School of Medicine, and a two-year postdoctoral fellowship in geriatric neuropsychology at Brown University Medical School. I have several years of clinical experience with areas of expertise and interest in neuropsychological and psychological assessment, test development, cognitive-behavioral psychotherapy, and corporate psychology. Regarding my interest in psychological testing, I had worked in the psychological test development and test publishing industry for several years, and earned authorship on two psychological assessment products.

I have been teaching university-level online psychology courses for the past 10 years, and last year, joined the faculty at Lamar and I am currently an adjunct professor for the Department of Psychology in the College of Arts and Sciences. I am an active member of the American Psychological Association.

## COURSE DESCRIPTION

An introductory survey of the major areas of psychology such as learning, personality, social, psychological testing, developmental and physiological. Emphasis on psychology as the scientific study of behavior and includes both human and animal behavior.

## COURSE-LEVEL OBJECTIVES

Students who successfully complete this course will be able to:

1. Explain the basic terminology of psychology and the basic principles and theoretical perspectives in the major areas of psychology.
2. Demonstrate appropriate research methods, technologies, and ethical principles and guidelines pertaining to both human and animal psychological research.
3. Conceptualize human behavior and emotions from diverse theoretical orientations.
4. Analyze the complex interactions among biological, psychological, and environmental influences (including cultural factors) of behavioral and emotional functioning.
5. Discuss the contributions of nature and nurture to human development.
6. Describe the application of psychological principles to your daily lives. As examples, describe how behaviors and emotions are reinforced and maintained. Share how cultural factors shape learning and behavior. “individual differences in human behavior.
7. Explain the complexity of defining “abnormality” and psychological dysfunction, and how you differentiate “normal” individual differences from psychopathology. Describe factors related to psychological well-being.

## **STUDENT LEARNING OUTCOMES**

**Critical Thinking Skills:** Students who successfully complete this course will demonstrate critical thinking by applying psychological principles and the logic underlying the empirical and scientific methods used in the field of psychology to their daily lives. Methods of teaching critical thinking skills include: class discussions via the Blackboard discussion board, lecture notes, and textbook readings designed to facilitate critical thinking about the course content.

**Communication Skills:** Students who successfully complete this course will demonstrate both written communication skills by expressing their thoughts and opinions, as well as critiquing various topics on the discussion board and via paper assignments. Self-reflection sections in paper assignments will also facilitate written communication skills. Required interaction with classmates on the discussion board each week will also foster communication skills.

**Empirical and Quantitative Skills:** Students who successfully complete this course will demonstrate empirical and quantitative skill by being able to discuss how psychology is a science and explain the research foundations of psychology. Students will explain the scientific method and the importance of ethical principles that apply to psychological research. Methods of teaching empirical skills include textbook readings and discussions with classmates that address research foundations of psychology. Lecture during

synchronous web conference via Blackboard Collaborate will also emphasize research foundations of psychology.

**Social Responsibility (cultural):** Students who successfully complete this course will be able to describe the complex relationship of biological, psychological and environmental influences of human behavior, and the role that cultural factors play. Teaching methods include: class discussions, lecture via Blackboard Collaborate, and textbook readings that emphasize the integrative approach to interpreting psychological well-being as well as dysfunction.

### **ACADEMIC PREREQUISITES**

- None

### **ONLINE WEB CONFERENCES**

To enhance student-to-student and instructor-to-student interaction, Online Web Conferences utilizing Blackboard Collaborate will be scheduled twice during the 8-week course to discuss course content. The specific date and time will be announced one week prior to the scheduled session. I will embed the link to these Web Conferences in the course so you will have access. These “live sessions” provide a great opportunity for all of us to interact in “real time.” I will record each Web Conference so that students who are unable to participate “live” can access, review and respond to our group discussions. Please note that The Web conference sessions **are required by attending in one of two ways:** (1) attending the live web conference or (2) listening to the recording of the web conference. Instructions for accessing the recorded session will be sent out to the class via course mail the following day. Arrangements can be made for additional conferences as needed upon request.

### **OFFICE HOURS**

“Virtual” office hours will be announced every Monday via Course Mail. Office hours will be designed one-hour time slots where the professor will be available to address questions regarding the course and its content. The communication during office hours can be via Course Mail or a web conference (via Blackboard Collaborate) if requested. Additional office hour appointments can be arranged upon request by the student to the professor.

### **TECHNOLOGY PREREQUISITES**

Students are required to have access to a computer with consistent Internet access for this course. A computer microphone and speakers, or headsets are required to successfully participate in the live chat sessions (via Blackboard Collaborate). Additionally, students should feel confident about their ability to navigate through typical online websites and their ability to use common word processing software in order to submit written assignments.

The minimum technical skills and the system requirements for this course:

## **BLACKBOARD**

Students will utilize the Lamar University's Learning Management System (LMS), Blackboard, for online courses. For Blackboard support go to (<https://blackboardsupport.lamar.edu>) for more information.

## **SYSTEM REQUIREMENTS**

### ***Computer/Technology Requirements:***

1. Students will need regular access to Windows, MAC with a broadband Internet connection. Note: mobile devices (if you have mobile devices there are limitations) The minimum computer requirements are:
  - Most current version of Firefox is recommended
    - *Please note that Blackboard may not support Internet Explorer, Safari, or Chrome.*
  - 8 GB or more preferred
  - Broadband connection (cable modem, DSL, or other high speed) required – some courses are video intensive
  - 1024 x 768 or higher resolution
  - Strongly recommended that you have a headset with microphone. You may also use webcam, and speakers
    - Example: Plantronics Audio 628 USB headset
  - Current anti-virus software must be installed and kept up to date.
  - Students will need some additional free software for enhanced web browsing. Be certain to download the free versions of the software.
    - Firefox (<http://www.mozilla.org>)
    - Adobe Reader (<https://get.adobe.com/reader/>)
    - Adobe Flash Player (<http://get.adobe.com/flashplayer>)
    - Java (<http://www.java.com>)
    - QuickTime (<https://www.apple.com/quicktime/download/>)
    - Silverlight (<https://www.microsoft.com/silverlight/>)
  - Most home computers purchased within the last 3-4 years meet or surpass these requirements.
2. At a minimum, students must have Microsoft Office 365 (<https://my.wip.lamar.edu>) click on MS Office 365). Microsoft Office 365 is available for all students.

### ***Required Skills:***

3. Navigate websites, including downloading and reading files from them.
4. Use e-mail, including attaching and downloading documents/files.
5. Save files in commonly used word processing formats (.doc, .docx).
6. Copy and paste text and other items in computer documents.
7. Save and retrieve documents and files on your computer.
8. Locate information on the Internet using search engines.
9. Locate information in the library using the online catalog.

## **RESPONSE TIMES**

All emails via Course Mail within Blackboard will be responded to within 24-48 hours. My feedback on the discussions will be posted throughout each Module week and specific questions for me posted to the discussion will also be responded to within 24-48 hours. All exams are multiple choice and scored automatically upon submission so you will be able to view your grade in your “grade book” within the course immediately upon submitting your exam. Assignments will be graded within 3 days following the due date.

**Note re emails:** please use the **Questions and Answers** discussion forum on the discussion board for questions that you also feel the entire class would benefit reading as well. Questions related to the specific Module week we are studying should be posted under that week’s discussion forum (e.g., Week 2 discussion forum). For specific questions to me that you do **not** want the entire class to view, please use the Course Mail function in Blackboard (BB). This is similar to email, and please use this during the course rather than your Lamar.edu email. If you do need to email me outside of the course, please do so only using your Lamar.edu email and not any other personal email such as gmail or yahoo.

## COURSE MATERIALS

**Required Text:** Gazzaniga, M.S., Heatherton, T.F., & Halpern, D. (2016). *Psychological Science* (5<sup>th</sup> ed.). New York: W.W. Norton and Company Inc.

ISBN 978-0-393-93749-7 (paperback)

ISBN 978-0-393-25089-3 (hardcover)

[ISBN 978-0-393-27086-0 \(e-book\)](#)

## GRADING POLICY AND EVALUATION

### *Grading Scale:*

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>F</b>
<b>100-90%</b>	<b>89-80%</b>	<b>79-70%</b>	<b>69-60%</b>	<b>59 - below</b>
<b>320-288</b>	<b>287-256</b>	<b>255-224</b>	<b>223-192</b>	<b>191 or below</b>

## GRADING OF ASSIGNMENTS AND ASSESSMENTS

There will be three multiple choice exams, each worth 40 points. These exams will be open book. In addition, assignments will be worth 20 points each and discussions 5 points each. Active participation on the discussions each week, in accordance with the discussion guidelines outlined below will award you the full credit for each discussion.

All graded work must be submitted as scheduled. Failure to submit graded work in a timely fashion will result in zero (0) points for the assignment. Late assignments and exams will not be accepted unless specific extensions have been arranged with the professor in advance. Please note there are no extra credit projects offered in this course. Therefore, it is very important that you keep up with the class reading and discussion participation each week and be mindful of all due date and assignment expectations and requirements.

*Exam 1: 40 points*

*Exam 2: 40 points*

*Exam 3: 40 points*

***Total points exams: 120***

*Assignments: 20 points each (total of 6 assignments)*

***Total points: 120***

*Discussions: 5 points each (total of 16 discussions)*

***Total points: 80***

***Total number of points possible: 320***

## **DISCUSSION BOARD REQUIREMENTS:**

The Discussion Board is where all of the class participation takes place (with the exception of the “live chat” sessions) and is a critical component to learning in the online classroom. You are required to participate actively in discussion threads throughout each module week.

You will find the discussion activities for each module week in the Discussion Board forum. You are required to post an original response by 10 pm central on Wednesdays, as well as post replies to at least 2 of your classmates’ postings by 12 noon central time on Saturdays to allow time for interaction with your classmates and me.

What I have definitely been convinced of as a professor teaching online courses is that students tend to gain so much more from the course the more that they interact and participate on the Discussion Board. **Please do not wait until Sunday to respond to the discussion activities.**

Your posts and responses should be **well thought out and well-written**, yet brief and must be related to the topic being discussed. In efforts to respect each other’s time, please do not include irrelevant questions and/or responses, as it increases the number of responses that must be read by each student. Your posts should be grammatically correct and serve the purpose of engaging other students (as well as the instructor) in a dialogue about the topic. Please make sure your discussion responses and all written assignments are always

original, using your own words, and properly referencing any source material using APA style format.

## **PARTICIPATION REQUIREMENTS**

Students must be actively participating in their online course at least 4 out of 7 days a week. Again, participation is required in the discussion threads by posting your own response and then posting engaging comments or questions to at least 2 of your classmates each week. You are required to participate on the discussion board at least **3 different days** per week to facilitate the discussion and interaction on the given topics.

**Note:** It is important in the online classroom to stay together as a class on the discussions and remain active on the required discussions within a given week. Working ahead on the discussions is not recommended as you would limit the benefit of the peer-to-peer and peer-to-professor interaction.

As you access each week (e.g., Module 1...Week 1) please always review the learning objectives for that week, the to-do list, required readings, and any other requirements listed for that week. It is also recommended that you often refer to the course syllabus as your required reading and other required tasks are listed there as well. Please check Course Mail, Announcements and the Questions and Answers discussion forum sections each time you log into class, as most of my communications to you will occur in these areas of the Blackboard course.

*As mentioned above, late assignments and exams will **not** be accepted unless specific extensions have been arranged with the professor in advance. Please note there are no extra credit projects offered in this course.*

## **DROP DATES**

This course adheres to the add/drop standards for each term as stated by Lamar University. For more details, refer to the <http://www.lamar.edu> and search “Academic Calendar.”

## **COURSE EVALUATION**

Instruction as well as student performance is subject to evaluation. Procedures for evaluation will be provided near the end of this course via email from the university. Please respond to each evaluation link provided.

## **MYLAMAR PORTAL**

Students are asked to obtain a Lamar Electronic Account username and password so they can log onto the myLamar website. Students may get information on how to get into the myLamar website from the University’s homepage (<http://www.lamar.edu>) by clicking on

the myLamar link on the left top corner of the screen. Follow the steps to secure your myLamar username and password.

## **STUDENT HANDBOOK**

Students may access the Student Handbook online at <http://students.lamar.edu/student-handbook.html>.

## **UNIVERSITY POLICIES AND SERVICES**

### **STUDENTS WITH DISABILITIES**

Lamar University is committed to providing equitable access to learning opportunities for all students.

For students with disabilities, this course will comply with all accommodations prescribed by the Lamar University Disability Resource Center (DRC). **It is the responsibility of the student to ensure that the instructor has been informed of all prescribed accommodations.** Lamar University's Disability Resource Center offers a variety of services designed to provide for students with disabilities and can be contacted at (409) 880-8347 or emailed at [DRC@lamar.edu](mailto:DRC@lamar.edu).

The Disability Resource Center offers a variety of services designed to assure students with disabilities equal access to the university's activities, programs and services. Some of the services provided include academic accommodations, assistive equipment, communication access service providers, note-takers, physical access and priority registration. Documentation of a disability from a professional in the field is required to receive services.

Students with disabilities should notify the director of DRC prior to registration in any university program. The director will arrange a meeting with the student to determine reasonable academic adjustments/accommodations. The Disability Resource Center is located in room 105 of the Communication Building. Students may write to P.O. Box 10087, Beaumont, Texas 77710, call 409.880.8347, fax 409.880.2225 or e-mail [DRC@lamar.edu](mailto:DRC@lamar.edu). Additional information is available at the DRC website, <http://www.lamar.edu/disability-resource-center/>.

### **TECHNICAL SUPPORT**

Technical Support can be located at <http://students.lamar.edu/it-services-and-support/index.html>.

For Blackboard technical support go to <https://blackboardsupport.lamar.edu>.

### **ACADEMIC SUPPORT**

Academic Support can be located at <http://students.lamar.edu/academic-support/index.html>.

## **STUDENT SERVICES**

Information on Student services can be located at <http://students.lamar.edu/student-services/index.html>.

## **ACADEMIC HONESTY POLICY**

Lamar University expects all students to engage in academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in their academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. Disciplinary proceedings may be initiated against a student accused of any form of academic dishonesty including, but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion, and the abuse of resource materials.

*Plagiarism* shall mean the appropriation of another's work or idea and the unacknowledged incorporation of that work or idea into one's own work offered for credit.

*Collusion* shall mean the unauthorized collaboration with another person in preparing work offered for credit.

*Abuse of resource* materials shall mean the mutilation, destruction, concealment, theft or alteration of materials provided to assist students in the mastery of course materials.

*Academic work* shall mean the preparation of an essay, report, problem, assignment, creative work or other project that the student submits as a course requirement or for a grade.

Students are specifically warned against all forms of plagiarism, which include "purchasing, or otherwise acquiring and submitting as one's own work any research paper or other writing assignment prepared by an individual or firm." Plagiarism is defined as, "the appropriation and the unacknowledged incorporation of another's work or ideas into one's own offered for credit" (82). Students seeking to avoid plagiarism should consult either the course instructor or the most recent addition of the *MLA Handbook for Writers of Research Papers* or the most recent addition of the *APA Style Guide*, depending on your College requirements for writing research papers. The course instructor will complete a thorough and impartial investigation of any instance of academic dishonesty. A student found guilty of academic dishonesty will be notified in writing by the instructor of the violation, the penalty, and the student's right to appeal the determination of dishonesty and/or the sanction imposed. Penalties for academic dishonesty in this course will result in either a lowered letter grade or failure of the course as determined by the instructor. The penalty may vary by instructor. For complete policy: go to <http://students.lamar.edu/academic-support/academic-policies.html>.

## **COPYRIGHT POLICY STATEMENT**

Copyright is defined as the ownership and control of the intellectual property in original works of authorship which are subject to copyright law. As an institution of higher learning that values intellectual integrity, Lamar University prohibits the distribution of published materials (print or electronic) in violation of copyright law.

## **NETIQUETTE (ONLINE ETIQUETTE) STATEMENT**

Please adhere to the same standards of behavior and professional respect online that you would follow in face-to-face communication with others, but most particularly when writing email and when taking part in collaborative and discussion board activities. Lamar provides access to network resources, including the Internet, in order to support learning and to prepare students for the 21st century world. Students, however, are expected to adhere to the *Lamar University Acceptable Use Policies when Using Networks*. More comprehensive student code of conduct can be found at <https://students.lamar.edu/academic-support/code-of-conduct.html>.

### **ACCEPTABLE USE**

Students must respect the integrity and security of Lamar University computer systems and network, and the privacy and preferences of other users. Responsibility for learning about and complying with Lamar University Acceptable Use Policy ultimately rests with the individual. The network may be used to download, copy, or store any software, shareware, digital media files or freeware, as long as the use complies with copyright law licensing agreements, and campus policies, such as storage space limitations and network bandwidth restrictions. The network may not be used for any activity, or to transmit any material, that violates United States or local laws.

### **UNACCEPTABLE USE**

The network may not be used for commercial purposes. Advertising and sponsorships on Lamar University websites is restricted. In addition, students may not permit other persons to use their usernames, passwords, accounts or disk space, or disclose their usernames, passwords or account information to any third party. Students may not log on to someone else's account, internet address, or other network codes, or attempt to access another user's files. Students may not create false or dummy accounts to impersonate someone else. Students may not try to gain unauthorized access ("hacking") to the files or computer systems of any other person or organization. Students may not impersonate another person by forging e-mail, web pages or other electronic media. Students who maliciously access, alter, delete, damage or destroy any computer system, computer network, computer program, or data will be subject to disciplinary action by Lamar University, and criminal prosecution as well. Students may not disrupt or attempt to disrupt network traffic, and they may not attempt to monitor or capture network traffic in any way. Finally, students may not intentionally create, store, display, print or transmit information that violates the university's Sexual Harassment Policy.

### **GENERAL GUIDELINES TO RESPECT ALL PARTICIPANTS**

- Respect the right of each person to disagree with others.
- Treat people the same as you would face-to-face.
- Respect the time of others.

### **GUIDELINES WHEN COMMUNICATING WITH OTHERS (EMAIL, DISCUSSIONS, BLOGGING, AND ETC.)**

- Always sign your names to any contribution you choose to make.

- Be constructive in your responses to others in the class.
- Do not use all caps (Doing so may be interpreted as shouting).
- Re-read your postings before sending them.
- Always think before you write.
- Respond respectfully.
- Use appropriate grammar and structure.
- Spell-check your postings.
- Use short paragraphs focused on one idea.
- Use appropriate business language at all times.

### **DISTANCE EDUCATION LIBRARIAN**

Distance education students and faculty have access to a dedicated distance education librarian. Access this link, <http://libguides.lamar.edu/distancelearning> , for more information.

### **LAMAR UNIVERSITY PRIVACY POLICY STATEMENT**

Student records maintained by Lamar University comply with the Family Education Rights and Privacy Act of 1974 as amended (PL93-380). Detailed information should be accessed through this link:

<https://sacs.lamar.edu/catalog/PrefMaterial/V.GenAcademicPol.htm#edurights>.

### **ACADEMIC CONTINUITY STATEMENT**

In the event of an announced campus closure in excess of four days due to a hurricane or other disaster, students are expected to login to Lamar University's website's homepage (<http://www.lamar.edu>) for instructions about continuing courses remotely.

### **EMERGENCY PROCEDURES**

**\*Be sure to update your MyLamar Account with the most current information.\***

Many types of emergencies can occur on campus; instructions for specific emergencies such as severe weather, violence/active shooter, fire or chemical release can be found at <http://www.lamar.edu/about-lu/administration/risk-management/index.html>.

These procedures may or may not apply to you:

#### ***Academic Continuity Statement:***

In the event of an announced campus closure in excess of four days due to a hurricane or other disaster, students are expected to login to Lamar University's websites' homepage ([www.Lamar.edu](http://www.Lamar.edu)) for instructions about continuing courses remotely.

The following are procedures for the first two types of emergencies listed above:

#### ***Severe Weather:***

- Follow the directions of the instructor or emergency personnel

- Seek shelter in an interior room or hallway on the lowest floor, putting as many walls as possible between you and the outside
- If you are in a multi-story building, and you cannot get to the lowest floor, pick a hallway in the center of the building
- Stay in the center of the room, away from exterior walls, windows, and doors

***Violence / Active Shooter (CADD):***

- **CALL-** 9-1-1
- **AVOID-** If possible, self-evacuate to a safe area outside the building. Follow directions of police officers.
- **DENY-** Barricade the door with desk, chairs, bookcases or any items. Move to a place inside the room where you are not visible. Turn off the lights and remain quiet. Remain there until told by police it's safe.
- **DEFEND-** Use chairs, desks, cell phones or whatever is immediately available to distract and/or defend yourself and others from attack.

**ACCESSIBILITY POLICIES**

Lamar University

<http://www.lamar.edu/about-lu/accessibility.html>

Blackboard

<http://www.blackboard.com/accessibility.aspx>

Firefox

<https://support.mozilla.org/en-US/kb/accessibility-features-firefox-make-firefox-and-we>

Microsoft

<https://www.microsoft.com/enable/microsoft/mission.aspx>

Adobe Acrobat

<http://www.adobe.com/accessibility/products/acrobat.html>

Adobe Flash

<http://www.adobe.com/accessibility/products/flash.html>

Adobe Connect

<http://www.adobe.com/accessibility/products/adobeconnect.html>

Adobe Reader

<http://www.adobe.com/accessibility/products/reader.html>

Java

**PRIVACY POLICIES**

Lamar University

<http://www.lamar.edu/about-lu/privacy-and-security.html>

Blackboard

<http://www.blackboard.com/Footer/Privacy-Center.aspx>

Firefox

<https://www.mozilla.org/en-US/privacy/>

Microsoft

<https://privacy.microsoft.com/en-US/>

Adobe

<http://www.adobe.com/privacy.html>

Java

<http://www.oracle.com/us/legal/privacy/overview/index.html>

YouTube

[https://www.youtube.com/static?template=privacy\\_guidelines](https://www.youtube.com/static?template=privacy_guidelines)

## Course Content Outline

<b>PSYC 2301: General Psychology</b>	
Week 1	<b>Welcome and Introduction to Psychology and Psychological Science</b> <b>Readings:</b> <ul style="list-style-type: none"><li>• Welcome Announcement (Announcements section)</li><li>• Course Syllabus</li><li>• Chapters 1 and 2 in textbook</li></ul> <b>Discussions:</b> <ul style="list-style-type: none"><li>• Introduce yourself</li><li>• What is Psychology</li><li>• Research ethics</li></ul> <b>Assignments:</b> <ul style="list-style-type: none"><li>• <b>Subfields of Psychology</b></li></ul>
Week 2	<b>Biology and Behavior</b> <b>Readings:</b> <ul style="list-style-type: none"><li>• Chapter 3 in the textbook</li></ul> <b>Web Conferencing:</b> <ul style="list-style-type: none"><li>• Live Chat will be scheduled for one evening this week</li></ul> <b>Discussion(s):</b> <ul style="list-style-type: none"><li>• Using biology to explain behavior</li><li>• Biological treatments of mental disorders and role of Psychologists</li></ul>
Week 3	<b>Learning and Memory</b> <b>Readings:</b> <ul style="list-style-type: none"><li>• Chapters 6 and 7 in the textbook</li></ul>

	<p><b>Discussion(s):</b></p> <ul style="list-style-type: none"> <li>• How are behaviors reinforced and maintained?</li> <li>• Nature vs. Nurture</li> </ul> <p><b>Assignments:</b></p> <ul style="list-style-type: none"> <li>• Memory Systems</li> </ul> <p><b>Assessment(s) Exams or Quizzes:</b></p> <ul style="list-style-type: none"> <li>• Exam 1 (covers Weeks 1, 2 and 3)</li> </ul>
Week 4	<p><b>Human Development / Emotions and Motivation</b></p> <p><b>Readings:</b></p> <ul style="list-style-type: none"> <li>• Chapters 9 and 10 in the textbook</li> </ul> <p><b>Discussion(s):</b></p> <ul style="list-style-type: none"> <li>• Developmental stages and examples</li> <li>• What motivates human behavior</li> </ul> <p><b>Assignments:</b></p> <ul style="list-style-type: none"> <li>• What makes us develop into who we are?</li> </ul>
Week 5	<p><b>Health and Well-Being</b></p> <p><b>Readings:</b></p> <ul style="list-style-type: none"> <li>• Chapter 11 in the textbook</li> </ul> <p><b>Discussion(s):</b></p> <ul style="list-style-type: none"> <li>• What is Positive Psychology?</li> </ul> <p><b>Assignment(s):</b></p> <ul style="list-style-type: none"> <li>• Culture and coping with stress</li> </ul> <p><b>Assessment(s):</b></p> <ul style="list-style-type: none"> <li>• Exam 2: (Covers Weeks 4 and 5)</li> </ul>
Week 6	<p><b>Personality and Theories of Personality</b></p> <p><b>Readings:</b></p> <ul style="list-style-type: none"> <li>• Chapter 13 in the textbook</li> </ul> <p><b>Web Conferencing:</b></p>

	<p>A live chat will be scheduled one evening this week</p> <p><b>Discussion(s):</b></p> <ul style="list-style-type: none"> <li>• Which personality theorist would you choose?</li> <li>• Culture or biology?</li> </ul> <p><b>Assignment(s):</b></p> <ul style="list-style-type: none"> <li>• The Brain and Personality</li> </ul>
Week 7	<p><b>Psychological Disorders and Treatment Overview</b></p> <p><b>Readings:</b></p> <ul style="list-style-type: none"> <li>• Chapters 14 and 15 in the textbook</li> <li>• Brief look at the electronic version of DSM-5</li> </ul> <p><b>Discussion(s):</b></p> <ul style="list-style-type: none"> <li>• Diagnosing: Pros and Cons</li> <li>• Challenges of psychological treatment</li> </ul> <p><b>Assignment(s):</b></p> <ul style="list-style-type: none"> <li>• Defining abnormality</li> </ul>
Week 8	<p><b>Social Psychology</b></p> <p><b>Readings:</b></p> <ul style="list-style-type: none"> <li>• Chapter 12 in the textbook</li> </ul> <p><b>Discussion(s):</b></p> <ul style="list-style-type: none"> <li>• How do others influence us?</li> <li>• Self-reflection: end of course</li> </ul> <p><b>Assessment(s):</b></p> <ul style="list-style-type: none"> <li>• Exam 3: (Covers Weeks 6, 7 and 8)</li> </ul>