



COLLEGE OF ARTS AND SCIENCES  
**LAMAR UNIVERSITY**

JoAnne Gay Dishman School of Nursing

BACCALAUREATE DEGREE NURSING PROGRAM

NURS 1102  
NURSING AS A PROFESSION  
Fall 2017

A Spirit of Caring - A Vision of Excellence

**FACULTY**

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Office Hours: Monday 1500-1600  
Tuesdays: 0900-1100 & 1300-1500

**CREDIT HOUR ALLOTMENT**

1 Semester Credit Hours  
16 Lecture  
16 lock hours

**PLACEMENT IN CURRICULUM**

Open to pre-nursing majors  
Recommended course but not required

**CATALOG COURSE DESCRIPTION**

The course is an introduction to the role of a professional nurse. It is designed for all students interested in learning about the discipline of nursing. Topics include the types of nursing education available, career opportunities in various settings, introduction to the history of nursing and professional organizations, image of nursing, common nursing terminology and test-taking skills for nursing majors.

**PREREQUISITES, CO REQUISITES, & COMPANION COURSE**

Prerequisites: None  
Co requisites: None  
Companions: None

**BSN PROGRESSION POLICY REGARDING CO-REQUISITE COURSES**

Does not pertain to this course.

**ADDITIONAL INFORMATION**

Does not pertain to this course.

## STUDENT LEARNING OUTCOMES

	DEC KNOWLEDGE*	END OF PROGRAM STUDENT LEARNING OUTCOMES*	COURSE MEASURABLE STUDENT LEARNING OUTCOMES
1.	1D2, 1D3, 2B4, 2F2	4,7	Describe the significance of general education and pre-nursing courses as an essential foundation for nursing.
2.	1D2, 1D3	4,7	Identify the various types of educational nursing programs available to students.
3.	1B7b, 1C2a, 1C5a, 4A3b	4,7	List the diverse career opportunities and issues related to the nursing profession.
4.	1C1, 1C3b, 2A3a, 2B8	4,7	Discuss the scientific reasoning for evidenced-based nursing practice and how the nursing profession has evolved during the last two centuries.
5.	1A3, 1C3a, 1D1, 2G3a, 4B3d, 2H1	4,7	Recognize organizations and various resources that guide the profession of nursing.
6.	2D1c, 3A1, 4A4a, 4A4b	4,7	Practice common terminology used in nursing practice.
7.	4F3	4,7	Apply test-taking strategies utilized in nursing education and the expectations of the nursing student role.

## COURSE CONTENT OUTLINE

- I. Course Overview
  - A. Activities/Progression
  - B. Introduction to the discipline of nursing
  - D. Scientific basis for nursing
  - E. Evidenced based practice
  - F. Nursing research
  - G. Interdisciplinary teams
  
- II. Discuss the evolution of nursing
  - A. Historical figures
  - B. Events that changed the role of the nurse
  - C. Profession vs. technical
  - D. Medical vs. Nursing
  - E. Image of nursing
  - F. Building the future of nursing

- III. Discuss the general education and pre nursing courses
  - A. ADN/ BSN program
  - B. MSN, NP, Doctorates in Nursing
  - C. Application process
  - D. Pre requisites/Co requisites
  - E. Overview of educational programs available in nursing
  - F. Professional Nursing Organizations
  
- IV. Introduction to the diversity of nursing.
  - A. Various roles/settings
  - B. Employment opportunities
  - C. Projected demand for nurses
  - D. Cultural/Ethnic differences
  - E. Global healthcare
  - F. Exploring your options
  
- V. Time Management in Nursing School
  - A. Planning and goal setting
  - B. Building support groups
  - C. Getting to know the instructors
  - D. Time saving skills
  - E. Goal setting/Prioritizing
  
- VI. Test taking skills
  - A. Critical thinking in nursing
  - B. Knowing how to learn
  - C. Problem solving process
  - D. HESI & NCLEX-RN
  - E. Continuing nurse education
  
- VII. Professional Integrity
  - A. Academic Honesty/Accountability
  - B. Compassion/Caring/ Communication
  - C. Levels of responsibility
  - D. Code of Ethics
  - E. Nurse Practice Act
  - F. Health Insurance Portability and Accountability Act
  - G. Patient Care Partnership
  
- VIII. Common terminology in nursing practice
  - A. Medical terms
  - B. Abbreviations
  - C. Nursing is a different language
  - D. Nursing process/how nurses think
  
- IX. Wellness and Stress Management
  - A. Maintaining a healthy body and mind

- B. Getting enough sleep
  - C. Stress reduction and managing stress
  - D. Recognizing mental health issues
  - E. Smoking, alcohol and abusing drugs
  - F. Good life choices
- X. Nursing Process, Research and Writing
- A. Nursing process explained
  - B. Using the Internet
  - C. Using the library
  - D. Effective writing and research
  - E. Nursing theory

### **TEACHING STRATEGIES**

Lecture/PowerPoint Presentation  
 Multimedia presentations/video  
 Guest Speakers  
 Group discussions  
 Interactive in-class activities

### **TEACHING LEARNING THEORIES**

Bloom Theory of Learning  
 Gagne's Conditions of Learning  
 Adult Learning Theories

### **EVALUATION METHODS & GRADING**

Grade Scale

- A = 100-90
- B = 89-80
- C = 79-70
- D = 69-60
- F = 59- 0

In-class/online assignments (4 of 6 must be completed; one assignment is mandatory)

Each assignment = 10%	40%
Exam I (mid-term)	30%
Exam II (final exam)	<u>30%</u>
Total	100%

All nursing exams have specified time limits. Sixty seconds will be allowed for each multiple choice exam item in this course.

To be successful in this course, all course requirements must be completed, and a satisfactory level of performance must be attained, as specified in the syllabus.

Make-Up Exams: There are NO make-up exams. In the event an exam is missed, the student may request in writing, within two (2) days of the missed exam that the final count twice. If a second exam is missed a grade of zero will be recorded for that exam.

Successful completion of this course does not guarantee admission to the nursing program nor does it serve as an application to the nursing program.

#### **OTHER COURSE REQUIREMENTS**

1. LULearn will be used in this course for submission of assignments. Written assignments should be typed and submitted in the appropriate assignment area on LULearn.
2. Four (1 designated as “mandatory”) of the six in-class/online assignments must be completed. Each of the 4 assignments will consist of 10% of the total 40% grade. If a student does not complete the in-class/online assignment, a make-up assignment will not be provided. If a student does not complete the “mandatory” assignment, they will not receive the 10% for this assignment and will not be allowed to use another assignment in its place.

#### **CONTENT SPECIALTY EXAMINATIONS**

Does not pertain to this course.

#### **REQUIRED TEXTS**

None

#### **RECOMMENDED TEXTS**

Katz, J. R. (2009). *Keys to nursing success*. (3<sup>rd</sup> ed.). Upper Saddle River, NJ: Pearson Prentice Hall. ISBN 978013513085-8.

#### **COURSE MANAGEMENT POLICIES ATTENDANCE/TARDY POLICY STATEMENT**

1. Class, practicum, and laboratory attendance is required for success in the nursing program. If absences are interfering with the successful completion of course outcomes, the student will be counseled by faculty about the consequences on the course grade.
2. No children are allowed in class since this interferes with the learning process of fellow students.
3. Students are responsible for all course material missed while absent.
4. Arrival to class after the starting time presents a problem. Students are expected to arrive on time. Students who arrive late to class are to enter by the back door and will be seated in the last two rows only. The instructor reserves the right to lock the classroom door and allow admittance at the next break time.
5. Students whose late entry for either class or practicum is excessive will be counseled and a plan or corrective action determined.
6. Students should make every attempt to be on time for exams. If an emergency situation arises, the student should notify the course leader and the program office at (409) 880-8831.

7. Students arriving late for an exam must turn in their exam at the original announced finish time. These students will be placed at a table in the front of the room to minimize distraction to the other students. A counseling note will be placed in the student's file. No additional time to finish the examination will be given.

#### **PERMISSION TO RECORD LECTURE PRESENTATIONS**

Recording of lecture presentations by faculty are prohibited in this course, with the exception of as a requirement of the American Disabilities Act.

#### **ACADEMIC HONESTY**

The JoAnne Gay Dishman School of Nursing complies with the University Academic Policy as published in the Lamar University Student Handbook. "Students are expected to maintain complete honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action." (See the Lamar University Student Handbook). The Lamar University JoAnne Gay Dishman School of Nursing further defines cheating, plagiarism, collusion, and abuse of research materials and other unacceptable behaviors. The JoAnne Gay Dishman School of Nursing also defines the potential actions / consequences that may be taken if a student engages in dishonest practices including course failure (see Potential Actions, JoAnne Gay Dishman School of Nursing Undergraduate Nursing Studies Student Handbook).

\*For the complete Attendance/Tardy Policy, see the *JoAnne Gay Dishman School of Nursing Undergraduate Nursing Studies Student Handbook*.

#### **UNIVERSITY DROP/ADD**

Students are responsible to be officially enrolled in the course. It is also the student's responsibility to officially drop the course. Any student who stops attending class and does not officially drop the course will be given an "F" as the semester grade.

Census Date/12<sup>th</sup> class day: September 13, 2017. Students may drop or withdraw without consulting their Instructor, School of Nursing Chair or the Records Office. The Six Drop Rule does not apply to drop before 5:00p.m. on this date.

Last date to drop or withdraw without penalty: September 29, 2017. The Six Drop Rule applies. Student should consult with the Instructor and the Records Office to initiate a drop before the Last day to drop with or without academic penalty date.

Last day to drop or withdraw with academic penalty: November 3, 2017. The Six Drop Rule Applies. Student must be passing the course at the time of the requested drop in order to receive a Q. The drop form, including all required signatures, must arrive in the Records Office by no later than 5:00p.m. on the specified date.

Any student seeking to drop after the last day to drop or withdraw by academic penalty date, must submit a fairly thorough written explanation, including supporting documents if applicable, of the extenuating circumstances for which the action is being requested. The explanation must be shared with and approved by the Instructor, the School of Nursing Chair, and the Dean of the

college before the drop form will be sent to the Senior Associate Provost for a final review and decision. See the Academic calendar for all relevant dates at <http://events.lamar.edu/academic-calendar-listing.html>.

### **THE DISABILITY RESOURCE CENTER**

Lamar University is committed to providing equitable access to learning opportunities for all students. The Disability Resource Center (DRC) is located in the Communications building room 105. Office staff collaborate with students who have disabilities to provide and/or arrange reasonable accommodations.

For students:

- If you have, or think you may have, a disability (e.g., mental health, attentional, learning, chronic health, sensory, or physical), please contact the DRC at [409-880-8347](tel:409-880-8347) or [drc@lamar.edu](mailto:drc@lamar.edu) to arrange a confidential appointment with the Director of the DRC to explore possible options regarding equitable access and reasonable accommodations.
- If you are registered with DRC and have a current letter requesting reasonable accommodations, we encourage you to contact your instructor early in the semester to review how the accommodations will be applied in the course.

### **COURSE EVALUATIONS**

Lamar University encourages students to evaluate online the courses they take and the instruction they receive via a contract with a national company, OnlineCourseEvaluations.com. The evaluation instruments themselves were developed by LU faculty and administrators. Evaluation windows for fall and spring courses open two weeks before the final examination period and close at the end of the last class day. The student is notified of the specific dates at his/her LU Connect e-mail address. If course evaluations are given during summers, mini semesters, and other compressed terms, evaluation windows are extended past the last class meeting. Evaluations are completely anonymous, and neither LU faculty nor LU administrators have the ability to determine the name of the student who completed a specific evaluation form. The primary purpose of course evaluation is the improvement of instruction. That is, after the semester has ended and grades have been awarded, faculty are able to access the results of student course evaluations, to include all student comments. Faculty analyze the data and read the comments, and often use student observations and suggestions to make changes in course content and delivery. The results of course evaluations are also used by chairs and deans as one factor in decisions involving merit pay, tenure, and promotion. Both the administration and faculty take student input via course evaluations very seriously, and faculty encourage students to participate in this process.

### **EMERGENCY PROCEDURES**

Many types of emergencies can occur on campus; instructions for severe weather or violence/active shooter, fire, or chemical release can be found at: <http://www.lamar.edu/about-lu/administration/risk-management/index.html>. Following are procedures for the first two:

Severe Weather:

- Follow the directions of the instructor or emergency personnel.

- Seek shelter in an interior room or hallway on the lowest floor, putting as many walls as possible between you and the outside.
- If you are in a multi-story building, and you cannot get to the lowest floor, pick a hallway in the center of the building.
- Stay in the center of the room, away from exterior walls, windows, and doors.

Violence/Active Shooter (CADD):

- CALL - 8-3-1-1 from a campus phone (880-8311 from a cell phone). Note: Calling 9-1-1 from either a campus phone or cell phone will contact Beaumont City Police Dispatch rather than University Police.
- AVOID- If possible, self-evacuate to a safe area outside the building. Follow directions of police officers.
- DENY- Barricade the door with desks, chairs, bookcases or any other items. Move to a place inside the room where you are not visible. Turn off the lights and remain quiet. Remain there until told by police it is safe.
- DEFEND- Use chairs, desks, cell phones or whatever is immediately available to distract and/or defend yourself and others from attack.

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### **CAMPUS CLOSURE**

In the event of an announced campus closure in excess of four days due to a hurricane or other disaster, students are expected to login to Lamar University's website's homepage ([www.lamar.edu](http://www.lamar.edu)) for instructions about continuing courses remotely.

