



COLLEGE OF ARTS AND SCIENCES
LAMAR UNIVERSITY
JoAnne Gay Dishman School of Nursing

BACCALAUREATE DEGREE NURSING PROGRAM

NURS 3231
PRACTICUM – CARE OF BEHAVIORAL HEALTH CLIENT
Fall Semester 2017

A Spirit of Caring - A Vision of Excellence

FACULTY

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| Name: Linda Olliff, MSN, RN, Course Leader | Name: J. T. Seaman, MSN, RN, PMHNP-BC |
| Phone: 409-880-8837 | Phone: 409-880-8831 |
| Email: linda.olliff@lamar.edu | Email: jseaman@lamar.edu |
| Office Hours: Monday 12 pm – 4 pm and Friday 2:30 pm – 3:30 pm | Office Hours: Tuesday 9 am – 1 pm |
| Name: Valerie Talenda, MSN, RN-BC | Name: Nancye McAfee, PhD, RN |
| Phone: 409-880-8816 | Phone: 409-880-8823 |
| Email: valerie.talenda@lamar.edu | Email: nancye.mcafee@lamar.edu |
| Office Hours: Monday 2 pm – 5 pm Wednesday 4 pm – 5 pm | Office Hours: Monday 10 am – 11:30 am and 3 pm – 4 pm Friday 10 am – 12 pm and 1 pm – 3 pm |

CREDIT HOUR ALLOTMENT

02 Semester Credit Hours
16 Practicum Hours at 1: 3 Ratio
96 Clock hours; 0 CBSL hours

PLACEMENT IN CURRICULUM

Second Level

CATALOG COURSE DESCRIPTION

Provides holistic, client-centered nursing care of culturally, ethnically, and socially-diverse clients, families, and populations across the lifespan who are experiencing psychopathology in multiple settings. Includes the application of theories, evidence-based practice outcomes, and clinical reasoning. Nursing strategies and client-centered care to promote mental health are examined for clients across the lifespan. Therapeutic communication skills with individuals, families, and populations are utilized. Current best practices, theory, and pathophysiological and epidemiological considerations of psychiatric disorders are demonstrated. Various treatment modalities and care by the interdisciplinary healthcare team are

observed. The legal/ethical/regulatory parameters used when caring for persons with psychiatric disorders are applied. Quality nursing practice within a culture of safety that emphasizes professional boundaries is demonstrated.

PREREQUISITES, CO-REQUISITES, & COMPANION COURSE

Prerequisites: NURS 3110, 3316, 3330, 3440, 3241

All prerequisites for this course require a minimum grade of C.

Co-requisites: NURS 3320

Companions: NURS 3112, 3520, 3221

BSN PROGRESSION POLICY REGARDING CO-REQUISITE COURSES

If a student fails a course, the student must apply for readmission to the program.

- Co-requisite courses are didactic and practicum courses that share similar learning content. For example, NURS 3320 Care of Behavioral Health Clients and NURS 3231 Practicum: Care of Behavioral Health Clients are co-requisite courses. Students apply the didactic knowledge in the co-requisite Practicum course.
- If a student is readmitted, who failed the didactic course but passed the practicum course, the student will enter under a contract requiring the student to repeat both courses. It is important for students to demonstrate current knowledge to be competent in practicum situations.

ADDITIONAL INFORMATION

Students in this course will utilize inpatient and outpatient psychiatric care facilities, simulated lab experiences, and community-specific settings as learning opportunities for the principles of mental health care among clients who are experiencing mental illness.

STUDENT LEARNING OUTCOMES

| | DEC PRACTICUM JUDGMENTS & BEHAVIORS * | END OF PROGRAM STUDENT LEARNING OUTCOMES* | PRACTICUM MEASURABLE STUDENT LEARNING OUTCOMES |
|----|---|--|--|
| 1. | MOP B7a PCC B2, E2c, 5a, 7c, 9ab MOT A2a | 7 | Use therapeutic communication strategies, including technology and informatics, to interact with mental health clients, families and populations in a variety of behavioral health settings. |
| 2. | MOP A2 PCC A2ab, B1a, 2, 3a, 5, 8, 9ab, C1, 2, 3a, 7, D2abc, E2abc, F1abc, 2ab, 4, 5abc, 6ab MOT B2ab, C1ac, E1abc, 2a, 3ac, 4 | 4, 7 | Use clinical reasoning in the care of clients experiencing psychopathology across the lifespan. |
| 3. | PCC B4, 5, 8, C1, 3ab, 5 MOT B2ab | 1, 5 | Apply Neuman's Systems, Caring, Modeling/Role Modeling, and other theories addressing holistic health needs |

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|--|---|---------|---|
| | | | of culturally, ethnically, and socially-diverse clients, families, and populations across the lifespan. |
| | PCC A2ab, B1a, 2, 3a, 4, 8, C2, 3a, 7, E1, 2abc, 4, 5ab, 9ab, 10a, 12b, 13a, F1abc, 4, 5ab, 6ab MOT B5a E4 | 1, 3, 5 | Demonstrate client-centered care and outcomes used with behavioral health clients across the lifespan. |
| | MOP A2 PCC A3, 4, B5, C1, 3a, 5, E5b, 12b, F2b, 3b, 4, 6b, G2b PSA B7, 8 MOT A3 | 1, 4, 5 | Apply current behavioral concepts using principles of evidence-based practice and standards of care when caring for clients. |
| | PCC C4, 5, E6abcd MOT A1ab, 2a, C3ab, D1a, 2a | 4, 5, 7 | Use principles of collaboration with clients, families, and interprofessional and intraprofessional healthcare team members in meeting behavioral health needs. |
| | PCC G1ab, 2ab, 3, 4, 5abc, 6a MOT B3c, D5 | 2, 4, 7 | Demonstrate the principles of teaching and learning related to behavioral health clients. |
| | MOP A1, 2, 3ab, B2a, 3abc, 4ab, 5ae, 6abc, 7a, 8 PCC D1, E7abc, 8, 10a, 11, 12ab | 6, 7 | Apply legal, ethical, and regulatory parameters that are specific to the care of clients with psychopathology. |
| | PSA A2, 3, 4, 5a, 6, B1, 2, 4, 5, 6ab, 7, 8, D1, 2, E1, 3 MOT D5 | 5, 7 | Use the culture of safety when caring for behavioral health clients. |

* See *Lamar University JoAnne Gay Dishman School of Nursing Undergraduate Nursing Studies Student Handbook* for additional information.

Practicum learning opportunities implementing the outcomes take place at practicum/community facilities and simulation lab settings.

PRACTICUM CONFERENCES

- A. Self Awareness
- B. Practicum Interview and Communication Skills
- C. Teaching and Learning
- D. Mental Health Assessment
- E. Documentation
- F. Carative Behaviors
- G. Technology and Informatics

TEACHING STRATEGIES

Assignment to provide direct care in practicum agencies
Group Discussions
Case Studies
Audio/Visual Aids
Written Assignments
Pre and Post Practicum Conferences
Simulation Labs

TEACHING LEARNING THEORIES

Bloom Theory of Learning
Modeling/Role Modeling
Systems Model

EVALUATION METHODS & GRADING

Satisfactory completion of NURS 3231 - Practicum: Care of Behavioral Health Client is determined by satisfactory completion of the following:

- One (1) Care Plan, to be completed for an inpatient day (Graded Assignment: 0 – 100; Must receive grade of 75 or above):
 - o Psychiatric Nursing Interview and Assessment
 - o Medication Administration Worksheets
 - o Neuman Nursing Process (horizontal form)
 - o 3x3 Grid / Nursing Diagnoses
 - o Student Nurse Charting
 - o Learning Outcome Narrative
 - o Grading Criteria Sheet
- Inpatient Assignments
 - o Inpatient Practicum Tool (all days except day of Care Plan completion and day when attending Outpatient Therapy)
 - o Medication Administration Worksheets (all days except day when attending Outpatient Therapy)
 - o Learning Outcome Narrative (all days)
 - o 3x3 Grid / Nursing Diagnoses (at least 2 completed satisfactorily)
 - o Student Nurse Charting (at least 2 completed satisfactorily)
- Simulation Lab assignments (Satisfactory or Unsatisfactory):
 - o Pre-Lab Case Study Activity (prior to Sim Lab)
 - o Active participation in discussion of Case Study Pre-Lab Activity
 - o Active participation in mental illness scenarios and debriefing
 - o Computer-Assisted Instruction (CAI) and post-test
 - o Student Nurse Charting
 - o Learning Outcome Narrative (after Sim Lab)
- Caring and Uncaring Narratives (Complete or Incomplete)
- Attendance at 12-Step Support Group(s) and associated written assignments
- Practicum Portfolio (Complete or Incomplete)

Grade Scale for Assignments

A = 100 - 90

B = 89 - 80

C = 79 - 75

D = 74 - 60

F = 59 - 0

The student must achieve a total of 75% of the total number of points on the Practicum Evaluation Tool (PET) in order to receive a satisfactory practicum grade. A score below 75% will result in an unsatisfactory grade in practicum.

Critical Behaviors –if student receives a “U” in any of the identified critical areas at the end of the semester; the student will receive a grade of “unsatisfactory” in the practicum course. These critical behaviors can be identified and discussed at any time during the practicum experience. Critical behaviors are identified by # on the evaluation form.

To be successful in this course, all course requirements must be completed, and a satisfactory level of performance must be attained, as specified in the syllabus.

PRACTICUM READINESS REQUIREMENTS

All Practicum Readiness Documents (PRDs) must be current one week before the first class day of each semester as published by the university. It is solely the student’s responsibility to maintain updated Practicum Readiness Documents. Faculty will review student’s Practicum Readiness Documents and communicate with students. Failures in communication and or distribution of notification forms will not relieve the student from the requirement to maintain updated Practicum Readiness Documents one week before the first day of each semester.

All PRDs must be valid through the entire semester up through final exams week.

Lack of submission of any PRDs will result in the following:

1. Following the first review by faculty, if PRDs are incomplete, the student will receive a *Notification Form to Student of Missing Documentation*.
2. Upon second review by the faculty, if PRDs are incomplete, the student will receive a *Notification Form to Student of Missing Documentation* and a written warning by the faculty to be placed in the student’s permanent record.
3. If by the first practicum day, the PRDs remain incomplete, the student will not be allowed to attend clinical. The absence will be unexcused and the Excused/Unexcused Absence from Practicum or Lab Policy will apply. (Approved 02-21-2013).

OTHER COURSE REQUIREMENTS

Students admitted into the BSN program have supportive learning opportunities geared toward facilitating students’ academic success. Specific learning strategies are designed for each student’s learning needs. Timely completion of these learning strategies is essential to maximize academic success (for example, The Caring Place, the Learning Center, Rx [Prescription] for Success, etc.).

REQUIRED TEXTS

Varcarolis, E. (2015). *Manual of psychiatric nursing care planning* (5th ed.). Philadelphia, PA: Saunders.

Purnell, L. D. (2014). *Guide to culturally competent healthcare* (3rd ed.). Philadelphia, PA: F. A. Davis.

RECOMMENDED TEXTS

Alligood, M. (2014). *Nursing theory: Utilization and application* (5th ed.). St. Louis, MO: Mosby.

American Psychological Association (2010). *Publication manual of the American Psychological Association* (6th ed.). (6th printing) Washington D. C.: Author.

Fitzgerald, N. & Fitzgerald, R. (2016). *Mental status examination: A comprehensive core skills guide for all health professionals*. CreateSpace Independent Publishing Platform.

COURSE MANAGEMENT POLICIES

ATTENDANCE

Class, practicum, and laboratory attendance is required for success in the nursing program. If absences are interfering with the successful completion of the course, the student will be counseled by faculty.

Practicum attendance is mandatory. If unable to attend Practicum, the student must contact the Practicum faculty and the Practicum agency prior to the beginning of the Practicum experience. A Practicum absence may be made-up if the absence is deemed excused by the Director of Undergraduate Nursing Studies based on appropriate documentation.

For the complete Attendance/Tardy Policy, see the JoAnne Gay Dishman School of Nursing Undergraduate Nursing Studies Student Handbook.

EXCUSED/UNEXCUSED ABSENCE FROM PRACTICUM OR LAB POLICY

Excused Absence – Absences from practicum, or a lab will be deemed excused when appropriate faculty have been informed of absence, in a timely manner, (i.e., prior to the event if possible or within 2 school days of returning to campus), and appropriate documentation is submitted to the Director of Undergraduate Nursing Studies. When an absence is excused, the student will be allowed to participate in any activities designed to make-up the missed experience.

Unexcused Absence – Absences from practicum, or a lab will be deemed unexcused as follows: when the student has failed to contact the course faculty or course leader regarding the absence in a timely manner and/or there is a lack of appropriate documentation submitted to the Director of Undergraduate Nursing Studies; when a student is either not prepared, has dress code violations, or tardy; when a student is not approved to attend practicum due to student failure to submit PRDs by the designated deadline; or when a student fails to pass the clinical orientation exam. Unexcused absences must be made up, but will be documented as a problem with professionalism and therefore will be treated as a disciplinary problem. Once initiated, disciplinary action for unexcused absences will remain in effect over the course of the entire nursing program.

The student will receive a written warning upon the first occasion of an unexcused absence. Documentation will be placed in the student's folder and will remain in effect over the course of the entire nursing program.

More than 2 unexcused absences from the same course may result in a failing grade.

PRACTICUM/SIMULATION MAKEUP POLICY

ACADEMIC HONESTY

Purpose

The Texas Higher Education Board (THECB) and the University have assigned credit hours for each nursing course. The THECB regulates the ratio of didactic hours to practicum hours which then determines the number of practicum contact hours for each course. The Texas Board of Nursing expects each nursing student to obtain sufficient practicum experience to facilitate passage of NCLEX and to ensure safe practice upon graduation.

Policy

The faculty will assign a practicum makeup day on the course calendar for each practicum course. Whenever possible the student will return to the same or similar practicum facility for the make-up day.

If a student is unable to return to the same facility, the faculty will assign the student to a facility or practicum area which ensures student will focus on the practicum outcomes for that specific course.

Students who miss more than one practicum day in a semester should be referred to the Director Undergraduate Nursing Studies. The course faculty in conjunction with the Director Undergraduate Nursing Studies may recommend that an "I" be given and additional practicum or assignments be arranged for the individual student.

The JoAnne Gay Dishman School of Nursing complies with the University Academic Policy as published in the Lamar University Student Handbook. "Students are expected to maintain complete honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action." (See the Lamar University Student Handbook). The Lamar University JoAnne Gay Dishman School of Nursing further defines cheating, plagiarism, collusion, and abuse of research materials and other unacceptable behaviors. The JoAnne Gay Dishman School of Nursing also defines the potential actions / consequences that may be taken if a student engages in dishonest practices including course failure (see Potential Actions, JoAnne Gay Dishman School of Nursing Undergraduate Nursing Studies Student Handbook).

For the complete Academic Honesty Policy, see the JoAnne Gay Dishman School of Nursing Undergraduate Nursing Studies Student Handbook.

UNIVERSITY DROP/ADD

Students are responsible to be officially enrolled in the course. It is also the student's responsibility to officially drop the course. Any student who stops attending class and does not officially drop the course will be given an "F" as the semester grade.

Census Date/12th class day September 13, 2017. Students may drop or withdraw without consulting their Instructor, School of Nursing Chair or the Records Office. The Six Drop Rule does not apply to drop before 5:00p.m. on this date.

Last date to drop or withdraw without penalty September 29, 2017. The Six Drop Rule applies. Student should consult with the Instructor and the Records Office to initiate a drop before the Last day to drop with or without academic penalty date.

Last day to drop or withdraw with academic penalty November 3, 2017. The Six Drop Rule Applies. Student must be passing the course at the time of the requested drop in order to receive a Q. The drop form, including all required signatures, must arrive in the Records Office by no later than 5:00p.m. on the specified date.

Any student seeking to drop after the Last day to drop or with draw by academic penalty date, must submit a fairly thorough written explanation, including supporting documents if applicable, of the extenuating circumstances for with the action is being requested. The explanation must be shared with and approved by the Instructor, the School of Nursing Chair, and the Dean of the college before the drop form will be sent to the Senior Associate Provost for a final review and decision. See the Academic calendar for all relevant dates at <http://events.lamar.edu/academic-calendar-listing.html>.

THE DISABILITY RESOURCE CENTER

Lamar University is committed to providing equitable access to learning opportunities for all students. The Disability Resource Center (DRC) is located in the Communications building room 105. Office staff collaborate with students who have disabilities to provide and/or arrange reasonable accommodations.

For students:

- If you have, or think you may have, a disability (e.g., mental health, attentional, learning, chronic health, sensory, or physical), please contact the DRC at [409-880-8347](tel:409-880-8347) or drc@lamar.edu to arrange a confidential appointment with the Director of the DRC to explore possible options regarding equitable access and reasonable accommodations.
- If you are registered with DRC and have a current letter requesting reasonable accommodations, we encourage you to contact your instructor early in the semester to review how the accommodations will be applied in the course.

COURSE EVALUATIONS

Lamar University asks students to evaluate online the courses they take and the instruction they receive via a contract with a national company, OnlineCourseEvaluations.com. The evaluation instruments themselves were developed by LU faculty and administrators. Evaluation windows for fall and spring courses open two weeks before the final examination period and close at the end of the last class day. The student is notified of the specific dates at his/her LU Connect e-mail address. If course evaluations are given during summers, mini semesters, and other compressed terms, evaluation windows are extended past the last class meeting. Evaluations are completely anonymous, and neither LU faculty nor LU administrators have the ability to determine the name of the student who completed a specific evaluation form. The primary purpose of course evaluation is the improvement of instruction. That is, after the semester has ended and grades have been awarded, faculty are able to access the results of student course evaluations, to include all student comments. Faculty analyze the data and read the comments, and often use student observations and suggestions to make changes in course content and delivery. The results of course evaluations are also used by chairs and deans as one factor in decisions involving merit pay, tenure, and promotion. Both the administration and faculty take student input via course evaluations very seriously, and faculty require students to participate in this process. Any questions or comments students have about the process should be addressed to the University Assessment Coordinator, at 409-880-2385.

MANDATORY COURSE EVALUATION POLICY

Students must complete the End-of-Course Evaluation in nursing courses and provide verification of completion in a timely manner to receive a course grade. Students who do not complete the End of Course Evaluation in the designated time period will receive a grade of Incomplete (I) for the course. The student must then contact course leaders to determine if and when the final course grade can be posted.

EMERGENCY PROCEDURES

Many types of emergencies can occur on campus; instructions for severe weather or violence/active shooter, fire, or chemical release can be found at:

<http://www.lamar.edu/about-lu/administration/risk-management/index.html>. Following are procedures for the first two:

Severe Weather:

- Follow the directions of the instructor or emergency personnel.
- Seek shelter in an interior room or hallway on the lowest floor, putting as many walls as possible between you and the outside.
- If you are in a multi-story building, and you cannot get to the lowest floor, pick a hallway in the center of the building.
- Stay in the center of the room, away from exterior walls, windows, and doors.

Violence/Active Shooter (CADD):

- **CALL** - 8-3-1-1 from a campus phone (880-8311 from a cell phone). Note: Calling 9-1-1 from either a campus phone or cell phone will contact Beaumont City Police Dispatch rather than University Police.
- **AVOID**- If possible, self-evacuate to a safe area outside the building. Follow directions of police officers.
- **DENY**- Barricade the door with desks, chairs, bookcases or any other items. Move to a place inside the room where you are not visible. Turn off the lights and remain quiet. Remain there until told by police it is safe.
- **DEFEND**- Use chairs, desks, cell phones or whatever is immediately available to distract and/or defend yourself and others from attack.

Many types of emergencies can occur on campus. Instructions for severe weather or violence/ active shooter, fire, or chemical release can be found at: <http://www.lamar.edu/about-lu/administration/risk-management/index.html>.

CAMPUS CLOSURE

In the event of an announced campus closure in excess of four days due to a hurricane or other disaster, students are expected to login to Lamar University's website's homepage (www.lamar.edu) for instructions about continuing courses remotely.